

OUR PHILOSOPHY: At Bite Me Fine Foods, we are all about real, healthy, whole foods from local ORGANIC farmers. Plant-based food and simple eating is great for your health and so we believe it is important to stick with simple organic ingredients you can understand, with no poisonous herbicides that can affect the body. That's why we always start with activating legumes, sourcing whole plant-based proteins, and gathering fresh organic vegetables as the base of our products. In Australia, we are lucky to have access to a wide variety of organic ingredients, and by purchasing Bite Me products we can continue to grow Australia's organic community. **KEEP CALM and Bite Me.**

NUTRITIONAL INFORMATION

Serving size: 83g	Ave Qty Per Serve	Ave Qty Per 100g
Servings per pack: 3		
Energy	817.6kJ	985kJ
Protein	6.1g	7.3g
Fat Total	9.7g	11.7g
- Monounsaturated Fat	0.7g	0.9g
- Polyunsaturated Fat	0.8g	1.0g
- Saturated Fat	8.1g	9.8g
Carbohydrate	19.0g	22.9g
- Sugars	1.6g	2.0g
Dietary Fibre	3.9g	4.8g
Sodium	564mg	680mg
Gluten	ND	ND

ND = Not Detected

Keep refrigerated at 4°C. Consume within 5 days of opening.

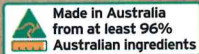
INGREDIENTS: Organic Zucchini 35%, Organic Potato, Organic Spring Onion, Organic Dill, Organic Mint, Organic Quinoa, Organic Coconut Oil, Organic Rice Flour, Organic Peas, Organic Hemp Seeds, Himalayan Salt.

P 03 59950129

3/17 Gordon St

Cranbourne 3977 Victoria

bitemefinefoods.com.au



HEAT & SERVE OPTIONS

- Sandwich Press for 3 minutes
- Pan Cook for 3 minutes
- Microwave for 1 minute
- Oven/Airfry: preheat to 180°C and heat for 6 mins

* Frozen - double cooking time



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250g

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ZUCCHINI
FRITTERS

